

# HLTAID011 PROVIDE FIRST AID

## Course Overview

This unit describes the skills and knowledge required to provide a first aid response to a casualty.

The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Refer to: <https://training.gov.au/Training/Details/HLTAID011>

## Course Topics

- First Aid procedures for the following:
  - Allergic reaction and Anaphylaxis
  - Bleeding control
  - Choking and airway obstruction
  - Envenomation, using pressure immobilization
  - Fractures, sprains and strains, using arm slings, roller bandages or other appropriate immobilisation techniques
  - Respiratory distress, including asthma
  - Shock, stroke, Cardiac conditions
  - Bites and stings
  - Head, neck and spinal injuries
- Legal, workplace and community considerations
- Considerations when providing first aid
- Chain of survival
- How to conduct a visual and verbal assessment of the casualty  
Australian Resuscitation Council Guidelines
- State/Territory regulations, first aid codes of practice and workplace procedures including:
  - Safe work practices to minimise risks and potential hazards
  - Infection control principles and procedures
  - Legal, workplace and community considerations, including:
  - Duty of care requirements
- Respectful behavior towards a casualty
- Consent
- Perform Cardio Pulmonary Resuscitation following the ARC guidelines, including:
  - Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) on an adult resuscitation manikin placed on the floor
  - Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) on an infant resuscitation manikin placed on a firm surface
- Manage an unconscious breathing casualty
- Followed the prompts of an automated external defibrillator (AED)

## Who Should Attend?

This unit of competency can target a vast range of learners. Anyone who requires applied first aid knowledge in their workplace it can include professions such as teachers, child care workers, industry workers, trades people, laborers, hospitality workers, office staff, age care workers or personal carer's.

## Course includes:

HLTAID009  
Provide Cardiopulmonary  
Resuscitation  
HLTAID010  
Provide basic emergency life  
support

## Dress Code:

No Skirts or Dresses  
Closed in Shoes

## Duration:

7 hours

## Assessment Details:

Multiple Choice, Injury Report  
and Practical Assessment

## Fees:

Price on Request

## Course Outcome:

Statement of Attainment  
Wallet Card upon Request

**RPL:** N/A

**RTO Number: 31494**

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**Group Bookings and Onsite Training Welcome.**

# THE COMPLETE PACKAGE

